

APPENDIX 1. Problem List, Female Age 40-64

ADULT FEMALE. PRINT ON PINK CARD STOCK WITH HOLES PUNCHED FOR MEDICAL RECORDS

Date	Problem						Date Resolved			
Significant Family Hx			Past Surgeries			Habits				
						Smoking: _____ packs/day for _____ years Quit _____ (year)				
			Reproductive History: G__ P_____			Alcohol:				
Significant Social Hx			Drug Allergies			Drugs:				
						Exercise:				
						Other:				
Health Maintenance & Screening						Health Education & Counseling				
Lipid Screen						Seat Belts				
Breast Exam						Guns in home				
Mammogram						Family Violence				
Pap						Condoms, GSE, Safe Sex				
HIV & RPR						Estrogen / HRT				
Fecal OBT						Exercise				
Sigmoid/Colonosc						Diet:				
dT Vaccine						_____ cal ADA				
Flu Vaccine						Low Sat. Fat.				
Pneumonia Vacc.						Weight Reduct. (Target wt. _____)				
Contraception										

Patient Name: _____ Med. Rec. #: _____
 Date of Birth: _____ Male _____ or Female _____