

CORRECTIONS

From *Ethn Dis* 2007; 17:72–77.

Incorrect Units. In the original contribution entitled “Effectiveness of transcendental meditation on functional capacity and quality of life of African Americans with congestive heart failure: a randomized control study,” incorrect units for measurement of six minute walk test as ‘minutes’ appeared. The correct unit of measurement is meters. Please note these changes as they appear in the revised Tables 2 and 3 herein.

The new citation for this article should read: Jayadevappa R, Johnson JC, Bloom BS, Nidich S, Desai S, Chhatre S, Raziano DB, Schneider R. Effectiveness of transcendental meditation on functional capacity and quality of life of African Americans with congestive heart failure: a randomized control study. [published correction appears in *Ethn Dis*. 2007;17(3):595]. *Ethn Dis* 2007; 17:72–77.

Table 2. Comparisons of outcome measures at baseline (Mean ± SD)

Variable	TM (n=13)	HE (n=10)	P value
QWB	0.62 ± 0.23	0.61 ± 0.30	0.89
PSS	32 ± 8.5	35.9 ± 7.5	0.25
LHFQ			
Total	44.2 ± 16.3	52.2 ± 19.5	0.29
Physical dimension	16.8 ± 6.9	18.3 ± 9.1	0.65
Emotional dimension	9.2 ± 3.7	11.9 ± 5.5	0.52
6-MWT (meters)	254.02 ± 113.39	220.83 ± 131.4	0.52
SF-36			
Physical function	39.6 ± 22.8	27.0 ± 16.7	0.15
Role physical	57.7 ± 44.9	30.0 ± 32.9	0.11
Role emotional	70.8 ± 37.9	61.1 ± 38.9	0.63
Vitality	66.7 ± 14.9	56.3 ± 17.7	0.24
Mental health	73.3 ± 28.9	71.7 ± 18.3	0.90
Social function	68.8 ± 24.5	83.3 ± 18.8	0.23
Bodily pain	67.8 ± 23.5	78.3 ± 24.8	0.40
General health	35.4 ± 22.4	33.5 ± 23.5	0.84
CES-D	14.8 ± 6.4	14.1 ± 12.1	0.87
BNP (pg/ml)	311.9 ± 259	179.78 ± 215.19	0.25
Cortisol (ug/dl)	17.7 ± 5.9	14.69 ± 5.06	0.30

TM=Transcendental Meditation; HE=Health Education; QWB=Quality of Well Being; PSS=Perceived Stress Scale; 6-MWT=Six minute walk test; SF-36=36-question short form; CES-D=Center for Epidemiologic Studies Depression scale; BNP=Brain Natriuretic Peptide.

Table 3. Comparisons of mean change in scores for TM and HE groups (Mean ± SE)

Variable	Baseline – 3 months		Baseline – 6 months		P value		
	TM (n=13)	HE (n=10)	TM (n=13)	HE (n=10)	Between group effect (Treatment)	Within group effect (Time)	Treatment and time interaction
QWB	-0.03±0.13	0.1±0.11	-0.1±0.09	.02±0.1	0.51	.08	.95
PSS	0.91±2.1	0.63±2.8	3.0±2.1	2.6±1.7	0.98	.06	.75
LHFQ							
Total	0.64± 2.8	1.4±2.3	4.5±2.9	4.6±4.1	0.92	.10	.88
Physical dimension	0.09±1.5	0.37±1.5	2.2± 1.9	.25±2.0	0.60	.22	.51
Emotional dimension	1.1±.96	1.0±1.9	2.1±1.1	1.6±1.2	0.87	.28	.80
6-MWT (meters)	-67.7±24.7	-13.5±15.4	-50.5±25.1	6.2±26	0.03	.21	.84
SF-36							
Physical function	-.46±5.2	9.4±7.4	-1.0±7.7	2.5±6.5	0.59	.86	.77
Role physical	2.7±14.7	9.1±15.5	-12.5±11.9	9.4±6.6	0.81	.51	.03
Role emotional	-8.3±8.2	8.3±10.4	-25.8±11.8	-14.3±27.8	0.85	.39	.39
Vitality	3.9±2.8	5.5±3.9	2.5±4.3	1.8±6.6	0.48	.47	.82
Mental health	-5.0±5.7	5±5.8	-7.5±6.1	.71±5.5	0.40	.92	.56
Social function	-12.7±4.1	4.7±3.2	-15.0±6.1	12.5±7.7	0.01	.44	.12
Bodily pain	2.7±10.6	1.25±5.3	-2.5±10.6	10.0±3.9	0.80	.44	.08
General health	.91±4.4	.56±4.4	-5.0±5.9	-2.5±4.0	0.95	.22	.44
CES-D	7.7±2.1	0.87±2.5	5.5±1.5	-1.75±3.6	0.03	.24	.85
BNP (pg/mL)	-23.5±17.1	-14.2±9.8	-13.6±42.9	-12.8±9.9	0.53	.26	.23
Cortisol (ug/dL)	-.4±1.3	.91±2.1	-.08±1.7	-.3±1.3	0.77	.76	.57

TM=Transcendental Meditation; HE=Health Education; QWB=Quality of Well Being; PSS=Perceived Stress Scale; 6-MWT=Six minute walk test; SF-36=36 questions short form; CES-D=Center for Epidemiologic Studies Depression scale; BNP=Brain Natriuretic Peptide.