

Current clinical research related to the health of ethnic minority populations is essential to eliminate health disparities. Readers of *Ethnicity & Disease* may be interested in the progress and results of the following clinical trials. These trials describe only some of the research performed in ethnic minority health; other current trials may be found at www.clinicaltrials.gov. The information below was accurate at press time; the study researchers should be contacted for more information.

REDUCING TOBACCO-RELATED HEALTH DISPARITIES

Sponsored by the MD Anderson Cancer Center and the National Cancer Institute

The goal of this research study is to learn the effectiveness of telephone-based counseling to help smokers change their smoking patterns. The specific aims are to evaluate the efficacy of a motivation and problem-solving (MAPS) approach to promoting and facilitating cessation among smokers who are not ready to quit. Two versions of MAPS, differing in the

number of telephone sessions, will be evaluated (MAPS-6 and MAPS-12). The study will also assess the MAPS effect on hypothesized treatment mechanisms (eg, motivation, intrinsic motives, stage of change, sense of control, self-efficacy, stress, negative affect, depression) and the role of those mechanisms in mediating the MAPS effect on abstinence.

Inclusion criteria: age ≥ 18 years, current smoker of at least one cigarette per day for the past year, not ready to quit in the next 30 days, valid home address, functioning telephone number, able to speak English.

Exclusion criteria: other household members enrolled in this study, enrolled in any other smoking study, scores below the sixth-grade literacy level on the

Rapid Estimate of Adult Literacy in Medicine.

Study start: November 2009
Study end: November 2011

This study is not yet recruiting participants. Contact Luz María Mejía, University of Texas MD Anderson Cancer Center, Houston, Texas; 713-745-4454.

MULTISYSTEMIC THERAPY TO REDUCE HEALTH DISPARITIES IN ADOLESCENTS WITH ASTHMA

Sponsored by the National Heart, Lung, and Blood Institute

Asthma is a chronic lung disease that inflames and narrows the airways. Symptoms can include recurring periods of wheezing, chest tightness, shortness of breath, and coughing. Minority, inner-city teens are at increased risk for complications from the disease, possibly because of poor illness manage-

ment. The purpose of this study is to test the effectiveness of multisystemic therapy—an intensive, home- and community-based psychotherapy—for improving asthma management and overall health and for reducing healthcare costs for inner-city African American teens with asthma.

Inclusion Criteria: age 12–16 years, moderate to severe persistent asthma, African American ethnicity, ≥ 1 hospitalization for asthma in the last 12 months.

Exclusion criteria: thought disorder (schizophrenia, autism), suicidality, or mental retardation.

Study start: September 2008
Study end: June 2013

This study is recruiting participants. Contact Karen Kolmodin, PhD, Wayne State University School of Medicine, Detroit, Michigan; 313-966-2366; kkolmodin@med.wayne.edu.

**STUDY FOR HIV PREVENTION IN YOUNG
HISPANIC MEN**

Sponsored by Nova Southeastern University

The purpose of this study is to develop and pilot-test a culturally and developmentally tailored motivational enhancement intervention (MEI) to reduce risky sex (unprotected anal sex and multiple partners) among young Hispanic men who have sex with men. The

MEI will be delivered face-to-face with a real-time, dynamic implementation approach. Investigators will test the MEI's acceptability and feasibility, obtain effect size estimates of the intervention's ability to reduce risky sex, and determine if it is ready for efficacy testing.

Inclusion criteria: Hispanic Latino men aged 18–29 years, live in south Florida, ≥ 1 episode of unprotected anal sex with a man in the last 3 months, ≥ 2 male sex partners in the last 3 months.

Exclusion criteria: HIV infection.

Study start: September 2009

Study end: December 2010

This study is not yet recruiting participants. Contact Maria I. Fernandez, PhD, Nova Southeastern University, Miami Beach, Florida.